

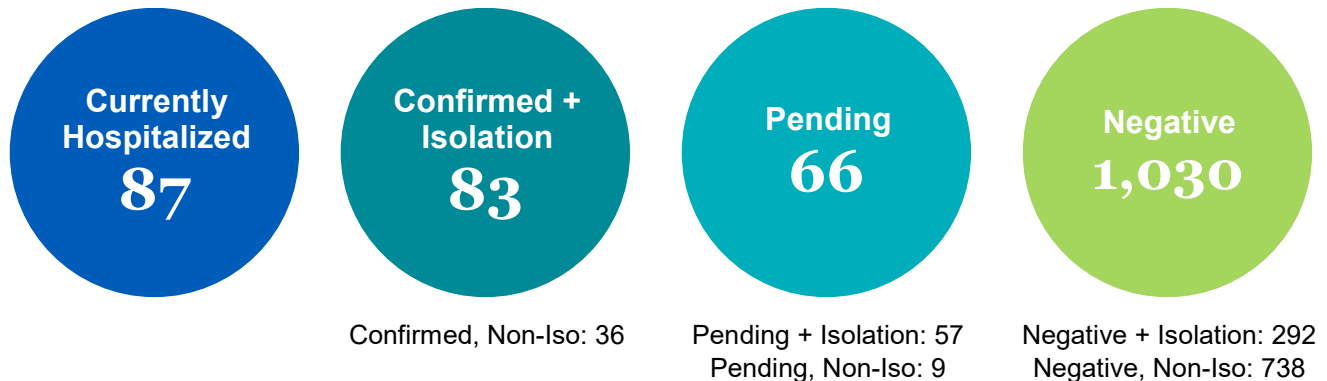
Department of Medicine

COVID-19 Information Bulletin

November 19, 2020

Calgary Zone COVID 19 Hospital Admission Data

Calgary Zone COVID 19 Status of Patients on Site as of 19 November 2020*^



- Confirmed:** patients with a positive Covid-19 test in SCM or ProvLab, or CDOM status 'Confirmed'
- Pending:** patients with Covid-19 test pending in SCM or ProvLab
- Negative:** patients not 'Confirmed' or 'Pending', and most recent SCM test is negative, or CDOM status 'Not a case'
- Isolation:** patient has an active Isolation order
- Non-Iso:** patient does not have active Isolation order

COVID 19 Status of Patients by Attending Group as of 19 November 2020*

	FMC		PLC		RGH		SHC	
	Confirmed	Pending	Confirmed	Pending	Confirmed	Pending	Confirmed	Pending
Cardiac Sciences	2	1		1				
Hospitalist	14	9	15	1	13	8	9	
Med / Oncology / Hematology		2		1				
Medical Teaching Unit	3	2	7					1
Medicine	7	1		1	10	5	3	1

* Data from [Calgary Zone COVID 19 Operational Reporting Tableau Database](#) as of: 2020-11-19 9:42 am

Calgary Zone COVID 19 Patient Census[^]

	Nov 14		Nov 15		Nov 16		Nov 17		Nov 18	
	Non-ICU	ICU	Non-ICU	ICU	Non-ICU	ICU	Non-ICU	ICU	Non-ICU	ICU
ACH	0.5	0.5	1.0	0	1.0	0	1.0	0	1.8	0
FMC	29.8	1.6	31.4	1.0	29.2	0.9	28.3	1.0	30.4	1.0
PLC	17.8	8.0	17.8	8.0	16.1	8.0	16.3	7.6	15.1	7.0
RGH	19.8	0	17.8	0	18.5	0	17.6	0.4	17.0	1.0
SHC	8.8	2.0	9.1	2.2	10.6	2.0	10.6	2.0	9.9	1.8
TOTAL	76.6	12.1	77.1	11.2	75.4	10.9	73.8	11.0	74.2	10.8

Calgary Zone COVID 19 Hospital Admissions by Day[^]

	Nov 14	Nov 15	Nov 16	Nov 17	Nov 18
ACH	0	0	0	1	0
FMC	4	0	0	3	1
PLC	4	0	1	0	2
RGH	0	1	2	1	1
SHC	1	1	2	0	1
TOTAL	9	2	5	5	5

[^] Data from [Calgary Zone COVID 19 Daily Activity & Outcomes Tableau Dashboard](#) as of: 2020-11-19 00:00 pm

COVID-19 Outbreaks**FMC**

- Units with dedicated COVID beds: **2** (Units 64 and 54)
- Units on outbreak: **1** (Unit 22)
- Units on watch: **5** (Units 42, 46, 47, 61, and NICU)

Medical Learners on Units:

- At FMC, medical students (clerks) are **not allowed** on any units designated as on “watch” or “outbreak”.

NEW FMC NICU and Unit 46 are on Watch

- The FMC NICU and Unit 46 are both on watch due to single cases of COVID-19 in a health care worker on each unit. There has been no evidence of forward transmission on the units, and there are no patient cases of COVID-19.

These cases reinforce the importance of daily fitness for work screening. Usual Fitness for Work screening considers core symptoms of COVID-19. However, if you work on an outbreak or on-watch unit, your daily screening should also include consideration of the expanded symptoms of COVID-19. Please access the [Fit for Work](#) expanded symptoms questionnaire.

NEW AHS has created an external FMC outbreak webpage for information, ahs.ca/covidfmc

PLC

- **Units on outbreak: 2** (Units 49 and 51)

Medical Learners on Units:

- At PLC, the decision to allow medical students (clerks) to be on units designated as on “watch” or “outbreak” will be determined on a case-by-case basis.
- Currently student groups will **continue to take a pause** on the outbreak units.

RGH

- **Units on outbreak: 3** (Units 58, 72, 74)
- **Units on watch: 3** (Units 56, 71, 82)

Medical Learners on Units:

- At RGH, the decision to allow medical students (clerks) to be on units designated as on “watch” or “outbreak” will be determined on a case-by-case basis.
- RGH U82 is on watch; however, there are no actual cases there, so at this time, site leadership has agreed that **it is okay** for clerks to continue working on that unit. If any COVID cases develop, this could change things.

SMCUC

- **Units on outbreak: 1** (iOAT)

AMH

- **Units on outbreak: 3** (Renfrew Detox, Claresholm Centre for Addictions and Mental Health – Extended Transition Unit, Administration)

Rural Health Update

- **Sites on watch: 3** (Oilfields Acute Care, Strathmore Acute Care, Didsbury Acute Care)

Senior’s Health Update

- **Outbreaks: 33 Sites** (Sites of note: Rivera Mount Royal, AgeCare Skypointe, Carewest George Boyak, Spruce Lodge, Sage Hill, Wing Kei, Manor Village, Cedars Villa, Rivera Bow Crest)

Indigenous Health Update

- Siksika had 16 positive cases on November 16, increasing the total case count to 103

NEW Avoid Eating and Drinking in Clinical Areas

Please AVOID eating and drinking in clinical areas. Environmental sampling on our outbreak units at FMC has demonstrated presence of the COVID virus on multiple surfaces. Studies are underway to determine how viable (capable of transmitting illness) these viral samples may be. A full description of the relevant issues and precautions is found [here](#). Some key recommendations when taking a break or eating a meal include:

- dispose of your mask and perform hand hygiene;
- maintain physical distancing;
- a new mask should be applied before returning to work.

Maintaining good nutrition and hydration is important for your wellness. The intent of this reminder is to highlight the importance of doing this in a way that protects your safety.

UPDATED Ensuring Access to N95 Respirators

Due to supply challenges with existing N95 respirator models, AHS has secured alternate N95 respirators in order to keep staff and physicians safe. As a result, any worker who requires a respirator according to the [Who Needs an N95 Respirator Algorithm](#) and is **currently fit tested to the 1870+, 9105, or 9105s** (or does not have a current fit test within 24 months) should be fit tested to an alternate model. The Fit test clinic schedule is available on the [Respiratory Protection](#) Insite page. It is critical to ensure that physicians are fit tested on alternate models as inventory of other models decreases.

COVID ARP

If you bill **FFS** and you have not done so already, please consider joining the COVID ARP. Please contact Christopher Jappert (ChristopherT.Jappert@ahs.ca) for further details.

COVID-19: New / Updated Resources and Information

NEW [Resilience, Wellness and Mental Health Resource Guide](#) (posted 17 Nov 2020)

UPDATED [Novel Coronavirus \(COVID-19\) Frequently Asked Questions – Healthcare Worker / Staff](#) (17 Nov 2020)

UPDATED [Novel Coronavirus \(COVID-19\) Frequently Asked Questions – Public](#) (17 Nov 2020)

NEW [Workplace Health and Safety Notification Steps Regarding Occupational Exposures/Outbreaks to COVID-19](#) (16 Nov 2020)

UPDATED [Guidelines for Code Blue Resuscitation of Suspected, Probable, or Confirmed COVID-19 Patients in Acute Care](#) (10 Nov 2020)

- The guidelines have been updated to align with the new direction on AGMP and chest compressions

NEW [Scientific Advisory Group \(SAG\) Rapid Review: Quarantine Period for Exposed Healthcare Workers](#) (4 Nov 2020)

Physician Wellness



Cultivating Wellness

Have you checked in with yourself lately?

Click on the link to this 12-minute podcast from Well Doc Alberta and the AMA's Physician and Family Support Program to learn about why self-awareness is an important coping strategy.

Self-Awareness: More Important Than Ever

Upcoming Events

COVID Corner – Update on the Inpatient Management of Patients with COVID-19

Wednesday, November 25, 2020

7:00 – 9:00 PM

[Register Here](#)

Moderators: Drs. Kelly Burak and Doug Woodhouse

Speakers: TBD

Learning Objectives:

By the end of this session participants will be able to:

1. Recognize factors identified with worse outcomes and use new prognostic scoring systems
2. Summarize the current evidence for pharmacologic treatment of COVID-19, including when to use dexamethasone and remdesivir
3. List important considerations if a hospitalized patient is deteriorating and when to consult specialists, including ICU
4. Use the Specialist Link Discharge Pathway to link patients to ongoing care in the community

For more information and to register, please click [here](#).

COVID-19 Research Trials

[Canadian Treatment of COVID-19 Trial \(CATCO\) / WHO Solidarity Trial](#)

COVID19 treatment trials available for any adult patient admitted with COVID-19 illness to Calgary Adult hospital sites. Please page 01815 during daytime hours 7 days a week if your patient is agreeable to be contacted by our team to get more information about enrolling.

Communications Team

Department of Medicine

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