

CALGARY INTERNAL MEDICINE COVID-19 PANDEMIC RESPONSE

MEOC Bulletin

Date: April 20, 2020

COVID 19 Status of Patients on Site as of **20 April 9:00 AM**

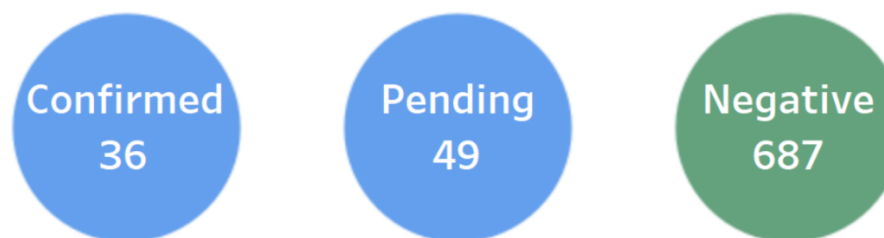


Table 1: Calgary Zone COVID-19 Patients Operational Report – As of April 20, 2020

Inpatient Site (alphabetical)	Total COVID19 Patients		ICU		Acute Care		Emergency Dept.	
	Confirmed	Pending	Confirmed	Pending	Confirmed	Pending	Confirmed	Pending
ACH	0	5	0	1	0	4	0	2
FMC	2	13	0	3	2	10	0	4
PLC	11	22	0	0	11	22	0	9
RGH	6	19	2	2	4	17	0	5
SHC	14	5	3	2	11	3	0	11
Other	-	-	-	-	-	-	-	-
Total	33	64	5	8	28	56	0	31

Ready to hit the wards?

Medication Posting for salbutamol MDI – SHORTAGE

- The Calgary Zone is affected by this shortage and limited inventory is available within the zone.
- **Increased use of this drug for COVID-19 patients is anticipated, so conservation strategies must be implemented immediately. Please conserve stock and use alternatives where available.**
- The Medication Posting outlines a number of conservation strategies including a listing of alternatives available currently (some in limited supplies unfortunately):
 - terbutaline (Bricanyl Turbuhaler®) 0.5 mg/dose (available in limited quantities)
 - salbutamol (Ventolin Diskus®) 200 mcg/dose (available in limited quantities)
 - ipratropium-salbutamol (Combivent Respimat®) 20 mcg-100 mcg/dose
 - budesonide-formoterol (Symbicort Turbuhaler®) 100 mcg-6 mcg/dose or 200 mcg-6 mcg/dose - for use in asthma only

Calgary Zone Visitation Guidelines

The Calgary Zone (CZ) Visitation Guidelines outline how the provincial guidelines will be implemented in the CZ recognizing the following:

1. The overarching principle is to restrict visitors to protect patients and those at greatest risk of severe illness by limiting the number of visitors on acute care sites to support the Public Health measures that are critical in containing the potential spread of COVID-19 to all populations.
2. The intent is to provide increased clarity to help inform decisions made in the CZ. The Zone is being purposeful about being more regulatory than the posted guidelines due to site and Zone considerations.

All requests must be pre-arranged and come through the Site Incident Command Posts which are reachable 24 hours per day.

Understanding that these are difficult conversations, the below is a list to help inform and support these conversations. This is not an exclusive list and these are not black and white decisions. More specifically this means but is not limited to:

- End of life (expected within 24 hours) – one visitor only
- NICU – up to two parents may be designated visitors; visit is sequential (one at a time) except at end of life when the designated visitors may be present at the same time
- Labour and Delivery – one designated visitor
- Young Adult Patients at Adult Sites (under 18 years of age) – up to two designated visitors; visit is sequential (one at a time)
- Essential care - one designated visitor only if patient care needs cannot be met by staff (applies to inpatient and ambulatory patients)
- No children (under 18 years of age)
- No animals except for service dogs

[UPDATED: ASIS Referral Form](#)

[SCM Physician Training](#)

This SCM training would be useful to anyone who might be admitting COVID patients on the COVID wards. The SCM Team will go over COVID admission order sets and how to use tokens and notcetera. Highly recommend as it should save you some typing time.

All SCM resources are now available on the SCM Insite page:

<https://insite.albertahealthservices.ca/it/Page9821.aspx>

Save Time, Be Safe: Use the Daily Fit for Work Screening Tool

Please use the [online questionnaire tool](#) to complete your [COVID-19 Daily Fit for Work Screening](#) before arriving at their workplace. The online tool helps ensure those who are unwell stay home, in order to reduce risk to our staff and patients, and to reduce the spread of COVID-19.

The online screening tool also helps to improve efficiency at our screening stations and supports our efforts to maintain physical distance. Simply show the Staff Screener(s) – your “green status” from your phone and proceed to have your temperature taken.

To add the online tool to your home screen, go to ahs.ca/fitforwork on your mobile device, click the “Fit for Work Questionnaire” button to open the tool, log in, then tap the menu icon in your browser and select **Add to Home Screen**. The tool will then appear as an icon or bookmark on your home screen to make daily use easier. Note: You will still have to log in every time you use the tool. For more information, visit ahs.ca/fitforwork.

Upcoming Webinars

COVID Corner: Care of the Hospitalized Patient with COVID19

Speakers: Drs. Tara Lohmann, Zahra Goodarzi, Glen Hazlewood, Kristen Brown, Leslie Skeith, and Kerri Johannson

Panelists: Drs. Alain Tremblay and Kristin Fraser

Moderators: Drs. Kelly Burak and Douglas Woodhouse

April 22, 2020

7:00 – 9:00 pm

[Register Here](#)

MEOC Resources Website

MEOC Resources website: www.departmentofmedicine.com/meoc-resources/

Sensitive content that is not meant for public consumption has been password protected.

The password is **COVIDmed20**. Please share this information with your physician colleagues; however, please **do not post or publicly share** this password.

Educational toolbox is up and available for all members here:

http://www.departmentofmedicine.com/covid-19/Professional_Development_list.php?orderby=aAudience,aTitle

Think you rock at PPE?

Prove it! PPE simulations strongly recommended!

<https://cumming.ucalgary.ca/cme/courses/PPE>

N95 Fit Testing Information

[Calgary Zone N95 Fit Testing Sessions](#)

[FMC N95 Fit Testing Sessions](#)

PLC N95 Fit Testing Sessions

Walk-in N95 Fit testing sessions will take place in PLC Rm 0628 on the following dates:

April 22: 0900-1030 & 1200-1330

April 24: 0900-1030 & 1200-1330

PLC is also trialing an online N95 Fit Test sign up process so that staff / physicians can pre-book an appointment online and in advance.

Here's how it works in 3 easy steps:

1. Click this link to go to our invitation page on SignUp.com:
<https://signup.com/login/entry/102282119207>
2. Enter your email address: (You will NOT need to register an account on SignUp.com)
3. Sign up! Choose your spots - SignUp.com will send you an automated confirmation and reminders. Easy!

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact Stephen Caron and he will sign you up manually.

Wellness Tip: Are you sleeping?

Check out this Well Doc Alberta education bulletin with evidence and tips from sleep specialists Dr. Atul Khullar (UofA), Dr. Chuck Samuels (UCalgary), and Dr. Tammy Moroz PhD (AHS): [Sleep Strategies: Helping Physicians Through COVID-19](#).

For over 20 years AMA's Physician & Family Support Program (PFSP) has been providing confidential physician-to-physician support and access to qualified local therapists with experience in meeting the needs of physicians and their families.

Whether it's stress related to the COVID-19, the uncertainties around medical practice in our current environment, or other personal or family concerns, PFSP is here to help.

As always, the well-being and health of all Alberta physicians is PFSP's top concern.

For more information:

[3 program information sheets](#)

1. About PFSP
2. Confidentiality Practices
3. Dealing with Adverse Events, Complaints, and Medical Legal Litigation

DOM MD COVID team onboarding

We are matching DOM MDs who have signed up to help, completed their PPE training and N95 fit testing with GIM/RESP MDs currently providing COVID care to help with site orientation and onboarding

Have you signed up to help?

Calgary Zone physicians, including Department of Medicine Members, are asked to also use the Calgary MD COVID Response site to sign up to help:

www.calgarymdcovidresponse.ca.

Have you signed up for shifts?

To provide your availability for the 3 or 4 day shifts, please use the [SignUp Genius](#). Please note that the email you provided must be registered with this sign up and that is only done once your profile has been cleared by Medical Affairs and the Department of Medicine. This takes at least a few days from signing up

on <https://www.calgarymdcovidresponse.ca/> and you should receive an email from SignUp Genius notifying you that you are ready to go. Please check your junk mail.

Thanks for your commitment!

SignUp Genius: <https://www.signupgenius.com/go/9040844AEA72EA2FE3-covid>

COVID-19 DOM Research Opportunities

Are you a DOM member looking to enrol patients or health care workers in your COVID-19 Research Project? Please email sofia.ahmed@ahs.ca with:

Name of PI:

Title of Project:

Study Contact email:

Please indicate if you are looking to enrol patients or health care workers.

For information on COVID-19 research being conducted at

UCalgary: <https://research.ucalgary.ca/covid-19/collaboration>

Your feedback helps us prioritize!

KEEP GIVING US FEEDBACK – we listen, respond, and adapt!
FEEDBACK: <https://tinyurl.com/Covidfeedback>

Sincerely,
The MEOC Team